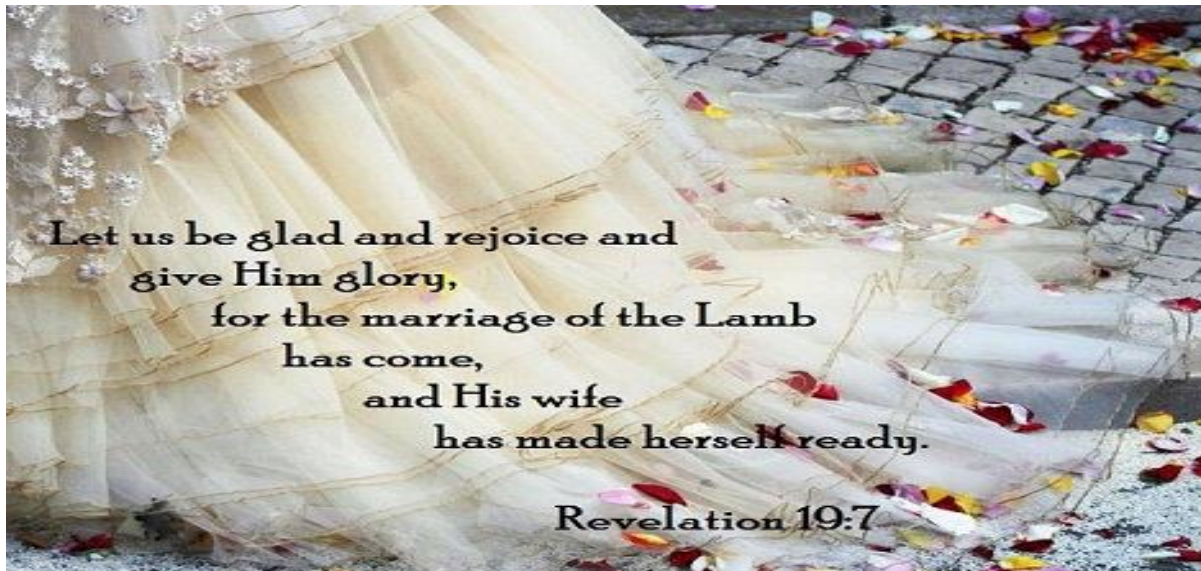


Preparation Guide for October's Devotionals



Three things, a list, a plan and a goal, although simple, have been found to be “Keystones” for changing habits. These three things bring great results. If we are going to build up the cause of Zion we must change our habits. We must become, as Paul says, “Transformed by the renewing of our minds.” *Read Romans 12:2*

This act of writing down the things you want to change this month and also how you plan to accomplish that change will help you to become transformed. You need a plan! Ask God to assist you in this most important project.

Remember, if we do something for 21 days it becomes a habit. Let's develop the habits that will bring forth Zion. Make a plan and follow it.

Plan also for some opposition, what you will do when the going gets rough. I can assure you Satan does not

want us to grow and, “Change and Be Transformed in the Image of Christ,” so there will be opposition.

The goal set before us is to build up the cause of Zion.

D&C Section 94:5: “If Zion do these things, she shall prosper and spread herself and become very glorious.... Let Zion rejoice, for this is Zion, THE PURE IN HEART... for behold, and lo, vengeance cometh speedily upon the ungodly ... nevertheless Zion shall escape if she observe to do all things whatsoever I have commanded her.... I will bless her with blessings, and multiply a multiplicity of blessings upon her, and upon her generations, for ever and ever, saith the Lord your God. Amen.”

What a promise! To succeed, you must have a plan. Let's do this! Let's climb up to a higher spiritual plane together as sisters in Christ. Let us build up the very cause of Zion, right now in this place!

First thing listed in the guide prepared by the Patriarchs of the church:

Am I willing to deny myself now, the things of this world that cannot be taken into the kingdom? Read Doctrine & Covenants 128:8b-c

Action: Make a written list of the activities in which you currently participate that cannot be taken into the Kingdom, and work diligently to eliminate them from your life.

This Month I Plan to Change: _____

My Plan to Accomplish this Change:

Week #1

Week #2

Week #3

Week #4

My Partner to Assist Me & Help Me Be Accountable Is: _____

Self Evaluation:

How Am I Doing & What Do I Need to Do to Be More Successful?
