

SPEAKING NO EVIL, FORGIVING ONE ANOTHER BEING KIND AND TENDER HEARTED RESTORATION WOMEN'S COUNCIL – CLASS PT 1

THEME SCRIPTURE

Ephesians 4:31-32

Let all bitterness, and wrath, and anger, and clamor, and evil speaking, be put away from you, with all malice. And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

These are the topics I will cover in this class:

- ***Charity***
- ***Perfected Love***
- ***Forgive One Another***
- ***Mourn with Those that Mourn***
- ***Characteristics of a Godly Person***
- ***Ways to have Good Fruit***
- ***Conclusion***

Note: Explanations of Testimonies are at the end of this outline

Note: I had wanted to bring into this class the topic of "Servanthood". But each time I thought of how I would incorporate this amazing topic, I either felt "pulled back" in a way, or forgot in the pursuit of other fabulous scriptures. When I listened to Cara Smith's class, I realized that she had covered the topic very well, so there was no need for me to include that topic in my class. God works in mysterious ways, His wonders to perform! Divine Coincidence strikes again! That being said, here is my favorite scripture on servanthood, just because

Philippians 2:2-7

Fulfill ye my joy, that ye be like-minded, having the same love, being of one accord, of one mind. Let nothing be done through strife or vainglory, but in lowliness of mind let each esteem each better than themselves ... Let this mind be in you, which was also in Christ Jesus; Who being in the form of God ... made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men.

Arthur Oakman

The goal of a Christian is not to be a better person or do good works, but to be transformed in our heart and mind.

Mark Churchill, SCRB Reunion, 2013

The day you take responsibility for your thoughts is the day you grow up.

From "Jennie: The Life of Lady Randolph Churchill"

Tolstoi had written in his diary in 1853, "The means to gain happiness is to throw out from oneself like a spider in all directions an adhesive web of love, and to catch in it all that comes."

Charity

Moroni 7:50-53

And if a man be meek and lowly in heart, and confesses by the power of the Holy Ghost, that Jesus is the Christ, he must needs have charity; for if he have not charity, he is nothing; wherefore he must needs have charity. And Charity suffereth long, and is kind (*merciful*), and envieth not (*does not compare*), and is not puffed up (*prideful*), seeketh not her own (*servant to others*), is not easily provoked (*mild, meek*), thinketh no evil (*I will put not evil thing in front of my eyes and discerns truth about others*), and rejoiceth not in iniquity (*does not gossip*), but rejoiceth in the truth (*the light of truth is the light of Christ and truth is the knowledge of things past, present, and future*), beareth all things (*is strong in the Lord*), believeth all things (*doesn't assume the worst about people*), hopeth all things (*believes in the power of God*), endureth all things (*believes that God is in charge*); wherefore, my beloved brethren, if ye have not charity, ye are nothing, for charity never faileth. Wherefore, cleave unto charity, which is the greatest of all, for all things must fail, but charity is the pure love of Christ (*we love Him because He first loved us*), and it endureth forever, and whoso is found possessed of it at the last day, it shall be well with them. Wherefore, my beloved brethren, *pray unto the Father with all the energy of heart, that ye may be filled with this love* which he hath bestowed upon all who are true followers of his Son Jesus Christ, that ye may become the sons of God, that when he shall appear, we shall be like him, for we shall see Him as He is, that we may have this hope, that we may be purified even as He is pure.

Colossians 3:12-16

Put on therefore, as the elect of God, holy and beloved, bowels of mercy, kindness, humbleness of mind, meekness, long-suffering, forbearing one another, and forgiving one another. If any man have a quarrel against any; even as Christ forgave you, so also do ye. And above all these things put on charity, which is the bond of perfectness. And let the peace of God rule in your hearts, to the which also ye are called in one body, and be ye thankful. Let the word of Christ dwell in you richly in all wisdom.

Definition of Perfected Love

I John 2:5

But whoso keepeth His word, in him verily is the love of God perfected; hereby know we that we are in him.

Colossians 3:14

And above all these things put on charity, which is the bond of perfectness.

Ephesians 3:16

That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; That Christ may dwell in your hearts by faith, that ye may be rooted and grounded in love.

Forgive One Another *(99% of offenses)*

Luke 17:3-4

Take heed to yourselves. If your brother trespass against you, rebuke him, and if he repent, forgive him. And if he trespass against you seven times in a day, and seven times in a day turn to you again, saying, I repent, you shall forgive him.

(Story of Savannah in the parking lot)

James 5:9

Grudge not one against another, brethren, lest ye be condemned; behold, the judge standeth before the door.

(Bill Gothard Seminar – Root of Bitterness)

DC 64:2e

I, the Lord, will forgive whom I will forgive, but of you it is required to forgive all men; and ye ought to say in your hearts, Let God judge between me and thee, and reward thee according to thy deeds.

(Story of forgiving my relative)

Annette Burkart - Forgiveness

Forgiveness means that we pray, "Father, I let go of my anger and hatred toward this person. I am not going to carry this burden any more. I turn this person over to your eternal judgment and vengeance, so I will no longer feel I need to seek revenge."

Ephesians 4:32

And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

Paul Planted the Seed (Rome wasn't Built in a Day)

I Corinthians 3:6

I have planted, Apollos watered, but God gave the increase.

(Testimony of when God told me to be supportive and encouraging)

Mourn with those that Mourn

From Yogi Teabag, "There is no love without compassion."

Mourn with those that Mourn – Why?

Mosiah 9:39-40

And now, as ye are desirous to come into the fold of God, and to be called his people, and are willing to bear one another's burdens, that they may be light; Yea, and are willing to mourn with those that mourn; yea, and comfort those that stand in need of comfort, and to stand as witnesses of God at all times, and in all things, and in all places that ye may be in, even until death, that ye may be redeemed of God, and be numbered with those of the first resurrection, that ye may have eternal life.

Acts 9:36

Now there was at Joppa a certain disciple named Tabitha, which by interpretation is called Dorcas. This woman was full of good works and almsdeeds which she did. And it came to pass in those days, that she was sick, and died, whom when they had washed, they laid her in an upper chamber. And forasmuch as Lydda was nigh to Joppa, and the disciples had heard that Peter was there, they sent unto him two men, desiring that he would not delay to come to them. Then Peter arose and went with them. When he was come, they brought him into the upper chamber, and all the widows stood by him weeping, and showing the coats and garments which Dorcas made, while she was with them. But Peter put them all forth, and kneeled down, and prayed, and turning to the body said, Tabitha, arise. And she opened her eyes, and when she saw Peter, she sat up. And he gave her his hand and lifted her up, and when he had called the saints and widows, he presented her alive.

(Type and shadow of the first resurrection)

Galatians 6:2

Bear ye one another's burdens, and so fulfill the law of Christ.

Mourn with those that Mourn – With Whom?

Romans 12:13,15

Distributing to the necessity of saints, given to hospitality ... Rejoice with them that do rejoice, and weep with them that weep.

Psalms 34:17

The righteous cry, and the Lord heareth, and delivereth them out of all their troubles.

(Be like the Lord and show compassion)

I Corinthians 12:25-26

That there should be no schism in the body, but that the members should have the same care one for another. And whether one member suffer, all the members suffer with it; or one member be honored, all the members rejoice with it.

(Story of the Little Boy and the Lego)

I Thessalonians 5:14

Now we exhort you, brethren, warn them that are unruly, comfort the feeble-minded, support the weak, be patient toward all men.

(Story of the unreasonably fearful little girl at night in the bunk)

Job 6:14

To him that is afflicted pity should be showed from his friend.

(We might be the only face of Jesus that they see ... Don't say "I told you so")

Mourn with those that Mourn – How?

Matthew 7:21

Therefore, all things whatsoever ye would that men should do to you, do ye even so to them.

Job 2:11-13

Now when Job's three friends heard of all this evil that was come upon him, they came every one from his own place ... For they had made an appointment together to come to mourn with him, and to comfort him. They lifted up their voice and wept, and they rent everyone his mantle, and sprinkled dust upon their heads toward heaven. So they sat down with him upon the ground seven days and seven nights, and none spake a word unto him, for they saw that his grief was very great.

James 5:16

... Pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

(Testimony of praying for my friend's pregnancy)

I Corinthians 10:24

Let no man seek therefore his own, but every man another's good

Edify

Romans 14:17, 19

For the kingdom of God is not meat and drink, but righteousness, and peace, and joy in the Holy Ghost. Let us therefore follow after the things which make for peace, and things wherewith one may edify another.

Characteristics of a Godly Person

Titus 1:7-9

For a bishop must be blameless, as the steward of God, not self-willed, not soon angry, not given to wine, no striker, not given to filthy lucre (money, profits), But a lover of hospitality, a lover of good men, sober, just, holy, temperate, holding fast the faithful word as he hath been taught, that he may be able by sound doctrine both to exhort and to convince the gainsayers (those who deny, oppose, or declare something to be false).

II Peter 1:3

According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue. Whereby are given unto us exceeding great and precious promises; that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust. And besides this, giving all diligence, add to your faith, virtue (moral goodness), and to virtue, knowledge, and to knowledge, temperance, and to temperance, patience, and to patience, godliness, and to godliness, brotherly kindness, and to brotherly kindness, charity. For is these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ.

Ways to Have Good Fruit

Alma 16:166-173

But if ye neglect the **tree**, and take no thought for its nourishment, behold, it will not get any root. And when the heat of the sun cometh and scorcheth it, because it hath not root, it withers away, and ye pluck it up and cast it out. Now this is not because the seed was not good, neither is it because the fruit thereof would not be desirable. But it is because your ground is barren, and ye will not nourish the tree, therefore ye cannot have the fruit thereof. And thus it is if ye will not **nourish the word**, looking forward with an eye of **faith** to the fruit thereof, ye can never pluck of the fruit of the tree of life. But if ye will nourish the word, yea, nourish the tree as it beginneth to grow, by your faith with great diligence, and with patience, looking forward to the fruit thereof, it shall take root, and behold, it shall be a tree springing up unto everlasting life. And because of your diligence, and your **faith**, and your patience with the **word, in nourishing it**, that it may take root in you, behold, by and by, ye shall pluck the fruit thereof, which is most precious, which is sweet above all that is sweet, and which is white above all that is white, yea, and pure above all that is pure, And ye shall feast upon this fruit, even until ye are filled, that ye hunger not, neither shall ye thirst. Then my brethren, ye shall reap the rewards of your **faith**, and your diligence, and patience, and long suffering, waiting for the **tree** to bring forth fruit unto you.

Alma 16:166-173 (Same scripture = Chiasm)

A But it is because your ground is barren, and ye will not nourish the **tree**, therefore ye cannot have the **fruit** thereof. And thus it is if ye will not nourish the word,

B looking forward with an eye of **faith** to the **fruit** thereof,

C ye can never **pluck of the fruit** of the tree of life.

D But if ye will **nourish the word**, yea, **nourish the tree** as it beginneth to grow,

E by your **faith** with great **diligence**, and with patience, looking forward to the fruit thereof,

F It shall take root, and behold, it shall be a tree springing up unto everlasting life.

E And because of your **diligence**, and your **faith**, and

D your patience with the **word**, in **nourishing it**, that it may take root in you,

C behold, by and by, ye shall **pluck the fruit** thereof, which is most precious, which is sweet above all that is sweet, and which is white above all that is white, yea, and pure above all that is pure,

B And ye shall feast upon this **fruit**, even until ye are filled, that ye hunger not, neither shall ye thirst. Then my brethren, ye shall reap the rewards of your **faith**, and your diligence, and patience, and long suffering,

A waiting for the **tree** to bring forth **fruit** unto you.

Wrap Up Scriptures

I Corinthians 6:19

What! Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?

I John 4:4

Ye are of God, little children, and have overcome them; because greater is he that is in you, than he that is in the world.

TESTIMONIES

**Testimony of asking God about how to deal with a sour relationship*

Flipping through the BoM – God revealed how to show love and be brave in my witness of Jesus Christ

**Testimony of when God told me to be supportive and encouraging*

A friendship turned sour for several reasons – I had had enough of the drama – I told God I didn't want to be her friend anymore – God told me I didn't have to be a close friend anymore, but I still needed to love her – I didn't need to go out of my way to be with her, but when I did see her from time to time, I needed to be supportive and encouraging (interested in her life ... smile) – The friendship became more distant, but on a more peaceful and uplifting when we were together

**Testimony of praying for my friend's pregnancy*

A friend was in her second trimester of pregnancy when she got chicken pox – It was horrible and she was miserable – We were all worried about the unborn baby girl – I knelt down by my bed and prayed truth to the Lord, asking Him to forgive me so that I could be as righteous as possible in that moment (The fervent prayer of a righteous man availeth much) – I prayed that my friend would be healed and that her baby would not be affected one iota by the chicken pox – God answered my prayer – The baby girl has turned out to be a beautiful young woman.